

trainingsschema 2019-2020

versie 1

	van	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
Maandag waterveld	1AB	MD1		MC1			MB1					
	1CD		MA1				Dames 1					
semi water	2AB		MB2			MA2						
	2CD		keeperstraining top									
	3AB		MC2		MB6							
	3CD		JD2			MB4						
	4AB		Keeperstraining breed									
	4CD		Keeperstraining breed									

	van	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
Dinsdag waterveld	1AB	JD1		JC1			Heren 1					
	1CD	J8E1		JB1			Heren 1					
semi water	2AB	M8E6		JC2			JA1					
	2CD	MD2		JB2			Heren 2					
	3AB	MC3			HJ1							
	3CD	JB3			DJ1							
	4AB	MA7			Dames 2							
	4CD	JA2			Dames 3							

	van	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30
Woensdag	1AB			M6E2					

waterveld	1CD	fithockey		J3F2	J6E1								
	2AB												
semi water	2CD												

van	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
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Woensdag	1AB		M6E1 ,M6E3	MB1		Dames 1					
waterveld	1CD	M3F1,2,3 J3F1	M6E4, J6E2	MC1							
	2AB	M6E5	M8E1	MD3		MB2					
semi water	2CD		M8E4	JC3		MA3					
	3AB		MD4	MD5		DVA					
	3CD			MB5		MA4					
	4AB	M8E3		MB7		MA5					
	4CD	M8E5	M8E2	MC6		MA6					

van	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30	22.00
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Donderdag	1AB	JD1	JC1		Heren 1						
waterveld	1CD	J8E1	MA1								
	2AB		MD1		JB1						
semi water	2CD		JD2		MB1			HVA			
	3AB		MC5		MB3			Trimhockey			
	3CD		MC4		MA2						
	4AB		MC2		DJ2						

		MD2		JC2		Dames 3							
van		16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30
Vrijdag waterveld	1AB	Funkey		Hockeyschool			JA1		Dames 1				
	1CD	Funkey		Hockeyschool				strafc. Training		Dames 1			
semi water	2AB							JB2		HJ1			
	2CD							JA2		Heren 2			
	3AB							Dames 2					
	3CD												
	4AB												
	4CD												